



# FACT SHEET FOR COMMUNITY PARTNERS

**Safe Place** aims to empower women and families with unsupported pregnancies to make life-giving choices



Take personal responsibility for their situations



Be equipped with life skills for themselves and their child



Embrace motherhood with confidence and hope

## SERVICES OFFERED

### CASE MANAGEMENT & COUNSELLING

Our social workers conduct comprehensive pre/post-birth assessments, explore resources, evaluate options and co-create solutions together with clients.

### TEMPORARY ACCOMMODATION

We provide a safe residential respite for pregnant mothers who need a temporary place to stay. Both mother and baby can stay up to 4 months after the birth of the child.

### PRE/POSTNATAL SKILLS EQUIPPING

Our caring staff, trainers and volunteers coach clients with hands-on skills and knowledge about pre and postnatal wellness, child development and parentcraft.

### BABY ESSENTIALS

Essential mother and baby items are provided for at least one year after baby is born. Beyond milk and diapers - we also provide items such as breast pump, baby carrier, stroller, baby clothes etc. Eligibility criteria applies.

### ACCESS TO RESOURCES AND NETWORKS

We work actively with both formal and informal partners to strengthen clients' social support network.

## REFERRAL CRITERIA

- Not more than 32 weeks pregnant
- Parental consent for clients under 18 years old
- Exceptions made on case-by-case basis
- Referrals are accepted regardless of age, marital status, religion, income level and race

## REFERRAL PROCESS

- 1 Fill in a [referral form](#) and attach a social report (if available)
- 2 Send it to [safeplace@lakeside.org.sg](mailto:safeplace@lakeside.org.sg)
- 3 A social worker will get in touch with you within 3 working days

## FAQs

### Can I refer my client if she is more than 32 weeks pregnant?

We encourage you to make the referral as early in the pregnancy as possible to give us a longer runway to work with the client. We also recognise that other factors (e.g. concealed pregnancy, late discovery of pregnancy, sudden emergence of risk factors) may result in a referral past the client's 32 weeks. After 32 weeks, client intake is strictly based on a case-by-case basis.

### Can I refer my client if she is a foreigner?

Yes, you may. However, please note that our temporary accommodation is only for Singaporeans and PRs.

### Can I refer my client if she has already given birth?

Mothers who have already given birth are not eligible for our services. However, we are happy to discuss the case with you and refer the client for support elsewhere.

### My client's significant other is also in need of support. Will s/he also be able to receive counselling from Safe Place?

Safe Place celebrates active family involvement in our clients' lives. For more targeted intervention that caters to specific needs, we may make referrals to other agencies such as FSCs or VWOs, where appropriate.

### Do clients need to pay for services? Do you offer financial assistance?

Our services are completely free of charge. We do not offer financial assistance.

### What other agencies does Safe Place work with?

It takes a village to raise a child. Safe Place works closely with formal partners such as hospitals and adoption agencies to ensure that our clients receive integrated support for all of their needs. We also connect our clients with valuable informal resources in the community like religious organisations and our generous volunteers.

### Why doesn't Safe Place accept referrals of clients who have already given birth?

Our services and programmes are designed to invest deeply and holistically in the perinatal stage and beyond, the periods both prior to and following the baby's birth. Research shows that early intervention at the perinatal stage is crucial in terms of optimising the child's development and allowing secure attachment to form between child and caregiver.

### When does Safe Place hold a case until?

Case plans and timelines are customised to meet the unique needs and circumstances of our mothers and babies. We will move towards case closure when we assess that families have reached a desired level of healthy functioning and stability.

## CONTACT US



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